

If feeling horrible is not an option, we may have the answers for you that you've been looking for and haven't been able to find.



Free Dinner Talk:

How To Help You or Your Friends Who Might Be Suffering

Why am I exhausted all the time? I hurt all over. I'm feeling depressed and blue. How come I'm anxious? Why am I gaining all this weight. My focus and memory are so terrible now!

Learn:

- About an often missed health issue that may affect 1 in 5 people in this country
- How critical it is to find out if you are at risk
- The longer the time it takes to diagnose the worse the prognosis
- How traditional healthcare doesn't have good long term solutions for this common healthcare calamity
- Why the symptoms baffle and confuse most doctors
- About the common symptoms that most people feel which may be mis-diagnosed
- How you can help make a difference in many people's lives by being better informed



When: Tuesday, Oct. 19th, 6:30pm-8:30pm

Where: Lucille's Bar-B-Que Restaurant, 23760 El Toro Rd (& Rockfield Blvd), Lake Forest, CA 92630

Who: For *Health Seekers* and their friends

Why: To give you vital information that may help you and many of your friends and family who may be suffering and can't seem to find help. You'll walk away from this evening with lots of knowledge and answers which can help countless people you interact with daily.

How Much: FREE. Complimentary dinner and drink (beer or wine included). You *must RSVP!*

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